Softball Institute Clinic Schedule for Winter 2008

ALL CLINICS WILL TAKE PLACE AT THE TINSLEY CENTER BSC CAMPUS

Pitching Clinic: This is a great clinic for both experienced and non-experienced pitchers.

Beginners

A player interested in learning the proper techniques and fundamentals of pitching the first hour of each session is the clinic to enroll in. Our coaching staff along with the BSC pitching staff will provide one on one instruction allowing participants to learn the proper techniques of the windmill pitch.

Advanced

This clinic is great for those players who have had some pitching experience and who have taught/introduced the proper windmill technique. During this clinic participants will receive one on one instruction from the coaching staff and the BSC pitching staff. Here pitchers will begin to learn different pitches such as, the drop, change up, rise ball and curve. Each player learns at a different pace so introduction to these pitches will be done on an individual basis.

Dates: This is a clinic runs for four weeks and each session is one hour long.

Jan 27, 2008	9-10 Beginners	&	10-11 Advanced
Feb 3, 2008	9-10 Beginners	&	10-11 Advanced
Feb 10, 2008	3-4 pm Beginners	&	4-5 pm Advanced
Feb 24, 2008	8-9 Beginners	&	9-10 Advanced

Cost: $50

Offensive/Defensive 2 session clinic

In this 4-hour clinic broken into two dates players will learn proper mechanics and techniques of infield and outfield fielding, catching, throwing included will be specific position instruction. During the hitting portion players will be instructed on all aspects of hitting, bunting, slap bunting and base running. This is a great clinic for catchers to attend at there will be separate instruction dedicated to catchers.

Dates:

Feb 3, 2008 & Feb 23, 2008 11am-1pm

Cost$ 60

Coaches Clinics:

BSC Softball Institute is pleased to announce the offering of this clinic for coaches. Participation in this clinic will provide coaches the knowledge, skill and tools needed to be an effective coach. We will review rules, proper techniques of different skills, drill examples, coaching philosophy and much more. This is a great clinic for those new to coaching and those with experience. As a 20-year coach I continually attend clinics to better myself as a coach I encourage your participation in this hands on clinic. Don't forget to dress comfortably and bring your gloves.

Dates:

Jan 26, 2008 9-12

COST: $25

If you are a league and are sending multiple coaches the cost is $20 per participant.

Softball Institute Clinic Winter 2008 Application Form

Name:_____

Address:_____

Town/State:_____ Zip:_____

Phone: ( )_____ Cell:( )_____

Date of birth:_____ Age:_____ Grade:_____

EMAIL ADDRESS:_____

I hereby release Bridgewater State College and the Coaching Staff, Instructors and the Softball Institute Clinic from any and all liability for any injuries and illnesses incurred while at the clinic and agree that myself and or my child is in good health and able to participate in a clinic of this type.

Signature of Parent/Guardian/Adult participant:_____

This application is to be accompanied by payment (non-refundable). Please make checks payable to BSC Athletics – 2008 Softball and mail to:

Lori Salvia, Athletics Department
Bridgewater State College
Bridgewater, MA 02325
If you have any questions please email me at lori.salvia@bridgew.edu

Pitching Clinic Beginner Amount Paid _____

Pitching Clinic Advanced Amount Paid:_____

Offensive/Defensive Clinic Amount Paid_____

Coaches Clinic Amount Paid:_____:

Thank you for your continued support of BSC Softball.
GO BEARS!!